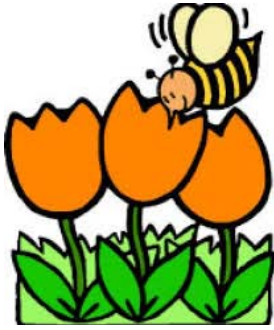


"TERMITE" TERRY'S INSIDER INFORMATION

TOP SECRET

April 2016



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Inside This Issue...

- How To Control Spiders 1
- Rave Reviews! 2
- Scientist Builds A Better Ant Trap 2
- Mountain Lions Eating Pets 3
- Termites Eat Up Temple's Offerings! 3
- National Stress Awareness Month 3
- Is Your Salad Going To Kill You? 4

How To Control Spiders

If you are afraid of spiders, you're certainly not alone. In Western societies, 55% of females and 18% of males are estimated to experience *arachnophobia*.

Besides being scary, spiders are also very messy and their webs can make even the nicest home look dirty and appear like a "haunted house".

Why is it that so many home and business owners have such a terrible time controlling spiders? One of the main reasons may be that most people don't understand the basic biology and behavior of spiders. In this article, we'd like to discuss some of these basics so you can keep your home or business spider-free.

Spiders 101

There are over 35,000 described species of spiders in the world. In the U.S., we have between 400 and 700 different species that one could collect. We have three main species of spiders in Orange County that frequently invade homes and businesses:

1. Almost everyone knows about the **black widow spider** and it is probably the most feared type. The female black widow is jet-black, with a red hourglass on its underside. Males are smaller and lighter colored. A female black widow will produce 4-9 white silken egg sacs in a summer and each of those sacs contains **300-400 eggs!** Add up those numbers and you'll easily understand why these pests can be so hard to control.

Body aches are a normal reaction when a person is bitten by a black widow. Their venom may also cause headaches, high blood pressure and nausea.

2. The **brown widow spider** is one species that most people had never seen until it became established in California during the early 2000's. This spider has a mottling of tan and brown with black accents and you'll find an orange colored hourglass on its underside. One of the easiest ways to identify this spider is by looking at the egg sacs. You'll see they are yellowish in color and have numerous "silk spicules". The venom of a brown widow is as toxic as the Black Widow's but their bites are minor in comparison.
3. The "**Daddy Long Leg**" spider likes to live indoors. These spiders have a small grey, elongated body with eight very long legs. 20-30 eggs are held in a silk net and this is carried with the female as she moves around. This type of spider breeds year round. Their venom is poisonous but their fangs are too short to penetrate skin and that is why they are not considered to be dangerous.

You may have heard of the **brown recluse spider**. It is one of the most feared spiders because its bite can be very painful and dangerous. There are no populations of brown widow spiders living in California and the odds of you getting bit by one of these spiders is realistically zero.

(turn the page)

40 Years Ago . . .

April 1, 1976, Apple Computer was founded by Steve Jobs, Steve Wozniak and Ronald Wayne. They started in a garage and grew to become the world's largest technology company.

Remembering The "American Sniper"

"You have to slow your heart rate, stay calm. You have to shoot in between your heartbeats."

Chris Kyle, born April 8, 1974

Rave Reviews!

"I want to commend you for your excellent service and perfect results. I especially want to compliment Skip Haffke for his excellent service and care. We did termite inspections with three different companies and selected Termite Terry. Not only did they have the best price, Skip did the most thorough inspection and took the time to give me the most thorough explanation of the fumigation process. I'd recommend Termite Terry to anyone looking for the best in termite fumigation."

Layne Fant
Corona Del Mar

"I was just going through the closing paperwork for Vista Del Oro and was feeling so grateful you did the second inspection & the work. When you have adjoined buildings, it's always tough to do the work. When work has been deferred for so long, the little buggers are everywhere! . . . as they were here. Thanks for an honest report and a thorough eradication (well is as good a job as possible considering the circumstances!). I appreciate you!"

Julaine Waggoner, Real Estate Broker
Re/Max College Park Realty
(562) 234-8888

"I have done business with Termite Terry for about 10 years. I just finished cleaning carpet at a bed bug infested complex. Termite Terry was on the job and his personel are so knowledgeable and professional. His team does not skimp or water down their products. They also don't cut corners or leave anything undone. When Termite Terry is on your job, your satisfaction is guaranteed and you know you'll get your money's worth. I would not use or recommend anyone else."

Pat Roque
Pat's Custom Carpet Care
(714) 308-4630

How You Can Control Spiders

1. Spiders only live in areas where there are a lot of bugs. Always start any spider control program by **eliminating the other pests**, in and around your home or business.
2. **Knock down major cobwebs.** This is one of the best ways to control spiders. If there aren't any webs, these spiders won't be able to catch anything and this will help encourage them to go elsewhere. This will also improve the appearance of your home.
3. **Use a vacuum cleaner** to remove spiders, their egg sacs and webs. For every egg sac you vacuum up, you could in effect be eliminating up to 400 potential new spiders!! This will also reduce the amount of insecticide needed to gain control.
4. **Sanitation and removal of clutter** is very important because it eliminates many places for them to live and breed.
5. **Keep plants cut back** and away from the exterior of your home or business. This is really important if you want to gain control over spiders. Some homes have plants, shrubs, trees and vines growing against or all over them. If this is the case, there is probably little hope that you'll ever solve your spider problem.
6. **Boric acid or silica dust can really be effective** when applied in attics, subareas, or in cracks and crevices. Remember, **very little is needed** and if you can see the dust after you have applied it, you have used too much.
7. **Some residual insecticide sprays** can be very useful for exterior treatments. We especially recommend using granular formulations on lawn and soil areas located adjacent to the structure because they are longer lasting. Also, they are less likely to wash away when you irrigate or if it rains.

Are you having a problem with

spiders and need help? **Call our office at (949) 631-7348** and ask for us to schedule a **FREE pest audit**. You'll learn all of the different ways you can help solve your problem. By the way, our regular monthly or bi-monthly pest control services **include removal of major cob webs and wasp nest** so your home or business will always look its best.

Scientist At UC Riverside Builds A Better Ant Trap

Thanks to the great entomology department at UC Riverside, the way we control ants may be about to change for the good of all.

Kevin Welzel, a doctoral student at UC Riverside, has just published a study showing how a readily obtainable pheromone, combined with commercial ant bait, can nearly double the effectiveness of controlling Argentine ants, reducing their activity by 74 percent.

The researchers focused on Argentine ants because they are a pest that many of us have to deal with on a regular basis. Mr. Welzel stated that this invasive species represents "probably 85 percent of all pest management problems."

Test results of the new bait were even surprising to the scientist.

"I was expecting to get around 50 percent," said Welzel. "I wasn't expecting to get nearly 80 percent. It's pretty comparable to a spraying treatment. It's better for the environment and I think overall it is a better technique."

Dong-Hwan Choe, an assistant professor of entomology at the university said, "Even though the pheromone increased the consumption of the bait, we really didn't know how it would turn out. We were kind of pleased by seeing at least a 70 percent reduction where we put the pheromone bait. Achieving 70 percent or higher in the field is actually pretty

significant.”

Welzel says that the addition of the pheromone is relatively economical and estimates that it would only add about \$1.50 to the cost of a month’s treatment.

“Hopefully this will get out there,” he said of the treated bait, “because it’s a more environmentally friendly way to control them.”

Study Confirms That Mountain Lions Are Eating A Large Number Of Pets

If you live near a wilderness area and have lost a pet recently, chances are it was an easy meal for a mountain lion.

The California Department of Fish and Wildlife (DFW) recently completed a study of 107 mountain lions that were legally killed last year. 83 of those animals had their stomach contents analyzed. The results showed that 52 percent were found to have eaten cats, dogs or other domestic animals. Only 5 percent had eaten deer, which experts will tell you are their favorite food.

Of the other lions, 16 percent were not studied, 9 percent had an empty stomach and 18 percent had contents that were too digested to be identified.

Pets may have also accounted for a good share of that 18 percent. If you consider that fact, it could mean that more than 60 percent of the lions ate cats, dogs and other domestic animals.

The DFW’s study has not been released to the public as of yet. Their information officer, Andrew Hughan said, “As a pet owner you have a responsibility for the safety of that animal, especially if you live in an open space or wild habitat. When out walking, keep it on a leash or keep a very close eye, look around, above

and behind you for wild animals.”

Hughan said that the problems of predators, including coyotes, eating domestic animals is so widespread that the DFW is holding numerous public meetings about the issue.

Termites Eat Up The Temple’s Offerings!

It took some time, but termites managed to eat up over 200,000 rupees from a temple’s offering box.

The offering box had not been opened for four years, due to a running feud between the temple’s old and new management committees.

Once the disputes were settled, the new temple’s management team decided to open the offering box and count the cash. Team members were surprised to find that “money hungry” termites had devoured it all.

The Indian temple is located in the Tatma Toli locality in Bihar’s Purnia district, which is about 220 miles east of Patna.

“On an average, 50,000 rupees are donated to the temple every year. That means that Indian currency notes worth around 200,000 rupees have been eaten,” temple founder and committee’s vice-president Rohit Yadav told the media.

Mr. Yadav has asked the local district administration to handle the matter and initiate action against the guilty officials. He went on to say, “This is indeed a very serious matter, as more than spoiling money, this is a cruel joke with the sentiments of the innocent devotees.”

National Stress Awareness Month

April is National Stress Awareness Month and this is a great time to relax, renew and rejuvenate yourself.

Long-term stress can lead to a wide range of illnesses – from headaches to stomach disorders. It can also increase the risk of stroke and heart disease.

We all need to take this problem seriously and make some adjustments. Here are a few tips that can make a dramatic improvement in your life:

- You need to recognize when you don’t have control and learn to let it go.
- Don’t let yourself become anxious about situations that you cannot change.
- Treat your body right. Eat good food and get regular exercise.
- Set realistic and obtainable goals.
- Determine your priorities and let some of the less important stuff go.
- Break big jobs into little projects. This will keep you from getting so overwhelmed and will give you a sense of accomplishment when you complete each step.
- Take a short break, breathe deeply and let your mind slow down for a few minutes. This will really help you handle stress better.
- Don’t eat while you’re working. Stop, relax and enjoy your food.
- Learn to say no. There comes a time in everyone’s life when you’ve reached your limit and you really shouldn’t try and do anymore.
- Share time with loved ones and talk it out. This will help for you to see things more clearly, get rid of negative feelings and help you get the emotional support you need.

Avoiding stress is something that is not always possible. However, we can all minimize our stress levels by changing how we choose to respond to it. It’s time to let go of stress, have some fun and start enjoying yourself – you’ve only got one life to live.

“Termite” Terry’s Insider Information is Published by:

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Is Your Salad Going To Kill You?

You want to do the right thing and start eating more salads. So, you go to the market and buy a bag of triple washed, prepackaged greens. These are so convenient to use – all you have to do is rip open the bag and dump it into your salad bowl. But, you've got to ask yourself, "Is your salad going to kill you?"

The latest food-borne illness outbreak related to packaged greens began last summer. The Centers of Disease Control reports that 18 people have now been hospitalized and one person has died because their salad was contaminated with *Listeria monocytogenes*. The products linked to this most recent outbreak were produced in Springfield, Ohio, and have since been recalled.

The packages say that the contents have been triple washed; How could this happen? "Listeria is a natural soil inhabitant, and spinach commonly comes in contact with the soil," says Jeri Barak, associate professor of plant pathology at the University of Wisconsin-Madison. "Listeria, like Salmonella and E. coli, can't be rinsed or washed from the leaves even if the dirt is."

One of the reasons why repackaged greens are a greater risk for contamination is because most of them contain younger leaves or micro greens. "Data suggests that bacteria can enter wounds, such as a harvesting cut, and travel some distance into a leaf. But fresh produce that's harvested as a head has longer leaves and is more mature," she says. "A consumer has the opportunity to remove part of the head away from the harvest cut and eat leaves in which a pathogen did not reside in the harvest wound."

Food for thought; It may be the time for all of us to start buying mature, unpackaged produce and rinsing the leaves thoroughly, ourselves.



"Termite" Terry Singleton